



## FIRST THINGS FIRST

*The right system for bright futures*

### NAVAJO/APACHE REGIONAL PARTNERSHIP COUNCIL

#### NUTRITION GRANT PROGRAM

#### REQUEST FOR GRANT APPLICATION

**FTF-RC015-10-0014-00**

#### FACT SHEET

### **WHAT IS THE INTENT OF THIS FUNDING OPPORTUNITY?**

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The First Things First Navajo/Apache Regional Partnership Council has identified the need for regional implementation of the following strategies: 1) provide education, information and support to parents, child care staff, and the community to promote healthy eating and physical activity among children birth through five and diminish the incidence of obesity or 2) implement interventions targeting nutrition, healthy weight and physical exercise into existing community services for children birth through five. These strategies should encompass a comprehensive approach to prevent childhood obesity by reaching children, parents, early child care staff, and the community.

The Centers for Disease Control and Prevention (CDC) refers to the number of overweight/obese adults and youth as reaching “epidemic” proportions in this country. According to the 2003 National Survey of Children’s Health, 30 percent of children age 10 through 17 were overweight or at-risk for becoming overweight in Arizona. In Arizona during 2005, 36 percent of children ages two to five receiving Arizona Women, Infants, and Children (WIC) services had a Body Mass Index (BMI) at or above the 85th percentile (i.e. overweight or at-risk for becoming overweight).

The percentage of children and adolescents that are overweight continues to rise nationally and in Arizona. Nationally, there has been a four-fold increase in the proportion of six through eleven year-olds who are overweight over the last 40 years. The prevalence of overweight varies by weight and ethnicity. In 1999-2002, 14 percent of non-Hispanic White adolescents, 21 percent of non-Hispanic African American adolescents, and 23 percent of Mexican-origin adolescents were overweight.

Applicants should implement one or more of the following activities in the region:

- Develop and disseminate information to parents on appropriate nutrition and/or physical activity for infants and young children ages birth through five.

- Implement programs in early care and education-based settings aimed at promoting appropriate nutrition and/or physical activity for young children.
- Collaborate with existing programs, particularly those that ~~focus on~~ use music as a method of increasing children's physical activity.

## **WHAT IS THE TOTAL AMOUNT OF FUNDING AVAILABLE?**

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Approximately \$13,750 is available in this Request for Grant Application. Contract renewal will be contingent upon satisfactory contract performance, evaluation and availability of funds.

The anticipated contract period for any resultant grant will be July 1, 2009 to June 30, 2010.

## **PROPOSED TIMELINE FOR THE GRANT MAKING PROCESS**

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|-----------------|--|
| March 5, 2009   | Notice of Intent/Fact Sheet available to the public  |
| March 5, 2009   | RFGA available on-line   |
| March, 12, 2009 | Pre-application Conference<br>Blue Ridge High School, 1:30 p.m.-6:00 pm,<br>1200 W. White Mountain Blvd., Lakeside, AZ 85929 |
| April, 16, 2009 | Applications due to the location listed in the RFGA by 10:00 a.m.  |
| July 1, 2009    | Anticipated grant awards made  |

## **HOW TO GET A COPY OF THE RFGA.**

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Please visit the First Things First web site on or after March 5, 2009: <http://www.azftf.gov/>

## **QUESTIONS?**

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All questions must be submitted in writing and include FTF-RC015-10-0014-00 in the subject line of the email or on the cover sheet of the fax.

Questions should be submitted to the Grants and Contracts Procurement Specialist via email at [grants@azftf.gov](mailto:grants@azftf.gov) or via fax at (602) 265-0009.